

THE SIGN OF THE CROSS

IN THE NAME OF THE FATHER, AND OF THE SON,
AND OF THE HOLY SPIRIT. AMEN.

THE LORD'S PRAYER

OUR FATHER, WHO ART IN HEAVEN, HALLOWED BE THY NAME.
THY KINGDOM COME, THY WILL BE DONE,
ON EARTH AS IT IS IN HEAVEN.
GIVE US THIS DAY OUR DAILY BREAD,
AND FORGIVE US OUR TRESPASSES
AS WE FORGIVE THOSE WHO TRESPASS AGAINST US.
AND LEAD US NOT INTO TEMPTATION,
BUT DELIVER US FROM EVIL. AMEN.

THE HAIL MARY

HAIL, MARY, FULL OF GRACE, THE LORD IS WITH THEE.
BLESSED ART THOU AMONG WOMEN,
AND BLESSED IS THE FRUIT OF THY WOMB, JESUS.
HOLY MARY, MOTHER OF GOD, PRAY FOR US SINNERS,
NOW AND AT THE HOUR OF OUR DEATH. AMEN.

THE GLORY BE

GLORY BE TO THE FATHER, AND TO THE SON,
AND TO THE HOLY SPIRIT,
AS IT WAS IN THE BEGINNING,
IS NOW AND EVER SHALL BE,
WORLD WITHOUT END. AMEN.

GUIDE TO CONFESSION FOR CHILDREN

MAKE THE SIGN OF THE CROSS AS YOU SAY:

**BLESS ME, FATHER, FOR I HAVE SINNED.
MY LAST CONFESSION WAS ____ AGO.
THESE ARE MY SINS: _____.**

FINISH TELLING YOUR SINS WITH THESE WORDS:

**I AM SORRY FOR THESE SINS
AND ALL THE SINS OF MY LIFE,
ESPECIALLY FOR THE SIN OF ____.**

**THE PRIEST ASSIGNS YOU A SUITABLE PENANCE.
REMEMBER TO DO YOUR PENANCE AFTER CONFESSION.**

THEN YOU SAY THE FOLLOWING ACT OF CONTRITION:

**MY GOD, I AM SORRY FOR MY SINS
WITH ALL MY HEART.
IN CHOOSING TO DO WRONG
AND FAILING TO DO GOOD,
I HAVE SINNED AGAINST YOU
WHOM I SHOULD LOVE ABOVE ALL THINGS.
I FIRMLY INTEND, WITH YOUR HELP,
TO DO PENANCE, TO SIN NO MORE,
AND TO AVOID WHATEVER LEADS ME TO SIN.
OUR SAVIOR, JESUS CHRIST,
SUFFERED AND DIED FOR US.
IN HIS NAME, MY GOD,
HAVE MERCY. AMEN.**

**AS THE PRIEST SAYS THE PRAYER OF ABSOLUTION,
MAKE THE SIGN OF THE CROSS WHEN HE BLESSES YOU.**

THE TEN COMMANDMENTS

I AM THE LORD YOUR GOD.
YOU SHALL NOT HAVE OTHER GODS BEFORE ME.

YOU SHALL NOT TAKE THE NAME
OF THE LORD YOUR GOD IN VAIN.

REMEMBER TO KEEP HOLY THE LORD'S DAY.

HONOR YOUR FATHER AND YOUR MOTHER.

YOU SHALL NOT KILL.

YOU SHALL NOT COMMIT ADULTERY.

YOU SHALL NOT STEAL.

YOU SHALL NOT BEAR FALSE WITNESS
AGAINST YOUR NEIGHBOR.

YOU SHALL NOT COVET
YOUR NEIGHBOR'S WIFE.

YOU SHALL NOT COVET
YOUR NEIGHBOR'S GOODS.

***LORD JESUS CHRIST, SON OF GOD,
HAVE MERCY ON ME, A SINNER!***

THE PRECEPTS OF THE CHURCH

ATTEND MASS ON SUNDAYS AND HOLYDAYS.

FAST AND ABSTAIN ON THE DAYS APPOINTED.

GO TO CONFESSION AT LEAST ONCE A YEAR.

RECEIVE THE EUCHARIST DURING EASTER TIME.

CONTRIBUTE TO THE SUPPORT OF THE CHURCH.

FOLLOW THE MARRIAGE LAWS OF THE CHURCH.

PREPARATION FOR HOLY COMMUNION

BE FREE FROM ALL SERIOUS SIN
THROUGH SACRAMENTAL CONFESSION.

FAST FOR AT LEAST ONE HOUR
FROM ALL FOOD AND DRINK
EXCEPT WATER AND MEDICINE.

***PRAISED BE JESUS CHRIST!
NOW AND FOREVER. AMEN.***