

THE PRAYERS OF THE ROSARY

In the name of the Father, and of the Son, and of the Holy Spirit.
Amen.

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; He ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. **I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.**

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. **Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.**

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. **Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.**

Glory be to the Father, and to the Son, and to the Holy Spirit, **as it was in the beginning, is now and ever shall be, world without end. Amen.**

THE MYSTERIES OF THE ROSARY

JOYFUL MYSTERIES: Annunciation, Visitation, Nativity, Presentation in the Temple, Finding in the Temple.

SORROWFUL MYSTERIES: Agony in the Garden, Scourging at the Pillar, Crowning with Thorns, Carrying the Cross, the Crucifixion.

LUMINOUS MYSTERIES: Baptism in the Jordan, Wedding Feast at Cana, Proclamation of the Kingdom, Transfiguration, Institution of the Eucharist.

GLORIOUS MYSTERIES: Resurrection, Ascension, Descent of the Holy Spirit, Assumption, Coronation.

Hail, Holy Queen, **Mother of Mercy, our life, our sweetness and our hope!**

To you do we cry, poor banished children of Eve; to you do we send up our sighs, mourning and weeping in this vale of tears.

Turn, then, most gracious advocate, your eyes of mercy toward us; and after this our exile, show unto us the blessed fruit of your womb, Jesus.

O clement, O loving, O sweet Virgin Mary!

Pray for us, O holy Mother of God, **that we may be made worthy of the promises of Christ.**

In the name of the Father, and of the Son, and of the Holy Spirit.
Amen.

THE LITANY OF THE BLESSED VIRGIN MARY

Lord, have mercy on us. **Christ, have mercy on us.**
Lord, have mercy on us. Christ, hear us. **Christ, graciously hear us.**

God the Father of Heaven, **have mercy on us.**
God the Son, Redeemer of the world, **have mercy on us.**
God the Holy Ghost, **have mercy on us.**
Holy Trinity, one God, **have mercy on us.**

Holy Mary, **pray for us.** Holy Mother of God, **pray for us.**
Holy Virgin of virgins, **pray for us.** Mother of Christ, **pray for us.**

Mother of divine grace, **pray for us.** Mother most pure, **pray for us.**
Mother most chaste, **pray for us.** Mother inviolate, **pray for us.**
Mother undefiled, **pray for us.** Mother most amiable, **pray for us.**
Mother most admirable, **pray for us.** Mother of good counsel, **pray for us.**
Mother of our Creator, **pray for us.** Mother of our Savior, **pray for us.**

Virgin most prudent, **pray for us.** Virgin most venerable, **pray for us.**
Virgin most renowned, **pray for us.** Virgin most powerful, **pray for us.**
Virgin most merciful, **pray for us.** Virgin most faithful, **pray for us.**

Mirror of justice, **pray for us.** Seat of wisdom, **pray for us.**
Cause of our joy, **pray for us.** Spiritual vessel, **pray for us.**
Vessel of honor, **pray for us.** Singular vessel of devotion, **pray for us.**
Mystical rose, **pray for us.** Tower of David, **pray for us.**
Tower of ivory, **pray for us.** House of gold, **pray for us.**

Ark of the Covenant, **pray for us.** Gate of Heaven, **pray for us.**
Morning star, **pray for us.** Health of the sick, **pray for us.**
Refuge of sinners, **pray for us.** Comforter of the afflicted, **pray for us.**
Help of Christians, **pray for us.**

Queen of angels, **pray for us.** Queen of patriarchs, **pray for us.**
Queen of prophets, **pray for us.** Queen of apostles, **pray for us.**
Queen of martyrs, **pray for us.** Queen of confessors, **pray for us.**
Queen of virgins, **pray for us.** Queen of all saints, **pray for us.**

Queen conceived without Original Sin, **pray for us.**
Queen assumed into Heaven, **pray for us.**
Queen of the most holy Rosary, **pray for us.**
Queen of peace, **pray for us.**

Lamb of God, who takes away the sins of the world,
spare us, O Lord.

Lamb of God, who takes away the sins of the world,
graciously hear us, O Lord.

Lamb of God, who takes away the sins of the world,
have mercy on us.

Pray for us, O Holy Mother of God,
that we may be made worthy of the promises of Christ.

Grant, we beseech Thee, O Lord God,
that we Thy Servants may enjoy perpetual health of mind and body
and by the glorious intercession of the Blessed Mary, ever Virgin,
be delivered from present sorrow and enjoy eternal happiness.
Through Christ Our Lord. **Amen.**

ABOUT THE SACRAMENT OF PENANCE

Once the eternal consequences of our sins have been forgiven through the sacrament of Penance, the temporal damages caused by our sins often still remain. Through indulgences we resolve these after-effects of our sins, and fill up what is lacking in the sufferings of Christ for the sake of his Church.

- Examine your conscience well, and make a good Confession.
- Resolve to free yourself from all attachment to even venial sins.
- Complete one of the required prayerful actions listed below.
- Pray the Our Father and Hail Mary for the intentions of the Pope.
- Worthily receive Holy Communion with great interior devotion.

Here are some examples of prayerful actions required for Indulgences:

- Prayerfully recite five decades of the rosary as a group in a church.
- Prayerfully adore the Blessed sacrament for at least a half hour.
- Prayerfully read the Sacred Scriptures for at least a half hour.
- Prayerfully meditate on the Stations of the Cross in a church.

For more information, please read the book, “Enchiridion of Indulgences.” When we are in a state of sanctifying grace, our prayers of intercession derive their sacred power through the saving merits of Jesus Christ our Lord. We perform meritorious works of mercy for ourselves and also for others.

The obtaining of indulgences mercifully completes the inner healing that is begun in the sacrament of Penance. After the eternal consequences of our sins are forgiven in Confession, we either make up for the temporal effects of our sins in this life, or others will do it for us when our souls are in purgatory.